



VMC Circular

May / June 2008

Vipassana Meditation Centre (Singapore)

251 Lavender Street, Singapore 338789

Tel/Fax:64453984

Email: vmckm@singnet.com.sg Website: <http://vmc128.8m.com>

A bi-monthly circular brought to you by

VMC Publication Sub-Committee

a vmc publication #Vol.3 No:4

Events / Activities in May 2008

- 8-DAY VIPASSANA MEDITATION RETREAT**
~ DATE: 26 APR (SAT) TO 3 MAY 08 (SAT)
~ VENUE: FAIRY POINT CHALET -3
~ MEDITATION TEACHER:
SAYADAW U PANDITABHIVAMSA
~ **APPLICATION CLOSED**

- MEDITATION COURSE FOR BEGINNERS**
~ DATE: 10, 17, 24 & 31 MAY 08 (SAT)
~ TIME: 7.30 PM TO 9.30 PM
~ VENUE: VMC
~ MEDITATION TEACHER: SAYADAW U PANNANANDA
~ CLOSING DATE: 6 MAY 2008
~ ORGANISERS:
BRO RONALD TAN HP:9-6652852
BRO NELSON LIM HP:9-6985157

- VESAK DAY CELEBRATION**
~ DATE: 19 MAY 08 (MON)
~ TIME: 8.30 AM TO 6 PM
~ VENUE: VMC
ALL ARE WELCOME

- ONE DAY MINDFULNESS RETREAT**
~ DATE: 10 & 24 MAY 08 (SAT)
~ VENUE: 8.45 AM TO 6 PM
~ ORGANISERS:
BRO NELSON LIM: HP:9-6985157
U SAW Oo: HP:9-6704780

Events / Activities in June 2008

- ONE DAY MINDFULNESS RETREAT**
~ DATE: 14 & 28 JUNE 08 (SAT)
~ TIME: 8.45 AM TO 6 PM
~ VMC

VESAK DAY CELEBRATION

Monday, 19 May 2008

Venue:
Vipassana Meditation Centre (Singapore)
251 Lavender Street

Programme

- 8.30 am - Ceremonial Bathing of Buddha / Offerings of lights and flowers
9.00am - Taking of 3 refuges and observance of 8 precepts
9.20am - Paritta Pali Chanting
10.00am - Dhamma Talk
10.30am - Sitting Meditation
11.00am - Sharing of merits
11.15am- Lunch Dana to Sayadaw
11.30am - Lunch for devotees
1.00pm - Group Sitting / Walking Meditation
6.00pm - Metta Chanting and Sharing of merits

Whole Day

- ~ Offerings of lights and flowers
~ Ceremonial Bathing of Buddha

ANNOUNCEMENT

There will be no weekly activities at VMC from 26 Apr to 4 May 08. You are invited to the Dhamma talks by Ovadacariya Sayadaw U Panditabhivamsa from 8 pm to 9 pm from 27 Apr to 3 May 08.

No Saturday Dhamma talks in May 08 due to ongoing Meditation Course for Beginners.

ACKNOWLEDGEMENTS

CONTRIBUTIONS BY FAMILIES

Publication / Building Fund Donors

Sadhu to all devotees for their donations to the Publication / Building Fund for Mar & Apr 08.

Monthly Pledge Donors

Sadhu to our monthly pledge donors for their donations for Mar & Apr 08.

Donation of Bottled Water

Sadhu to Sis Agnes Teh & family for their kind donation of 20 cartons of mineral water in Apr 08.

Breakfast and Lunch Donors

Sadhu to all devotees who performed regular breakfast and lunch dana for Sayadaw.

Donation of Fresh Flowers

Sadhu to Sis Annie Ng & family and other devotees for their regular donations of fresh flowers offered to the Buddha rupa in the shrine hall.

OTHER EVENTS / CEREMONIES

We would also like to extend our appreciation and say *Maha Sadhu* to our meditation teacher, the event organisers, Dhamma helpers, well-wishers for their monetary support and donors of refreshment/food, fresh flowers, mineral water, and the participants for their participations and donations to make the following event a success.

One Day Mindfulness Retreat

~ 23 Feb 08

~ 15 & 29 Mar 08

~ 12 Apr 08

WEEKLY ACTIVITIES FOR MAY AND JUNE 08

Day	Time	Activities
Tuesday	7.30pm - 9pm	Group Sitting Meditation
Friday	7.30pm - 9pm	Group Sitting Meditation
Saturday	7.45pm-9pm	English Dhamma Talk
Sunday	2pm - 4pm	Children Dhamma Class
Sunday	7pm - 9.30pm	Burmese Dhamma Talk

NEW PUBLICATION !

VMC Publication Sub-Committee is launching yet another new project - a reprint of 1,000 copies of the following Dhamma book

DHAMMACAKKAPPAVATTANA SUTTA
(THE GREAT DISCOURSE ON THE WHEEL OF
DHAMMA)

BY THE LATE MOST VEN MAHASI SAYADAW

in conjunction with

VIPASSANA MEDITATION CENTRE (SINGAPORE)

KATHINA CELEBRATION 2008

If you wish to sponsor or contribute towards the reprinting of this Dhammadana for free distribution, please mail your cheque donation to Vipassana Meditation Centre (Singapore). Cash donation can be made in person at 251 Lavender Street Singapore 338789. Do not send cash by post.

All cheque donations are to be made in favour of
VIPASSANA MEDITATION CENTRE (SINGAPORE).

If you need any clarification, please contact:
Sister Padumini Koe at HP: 96705776 or Sister Alice
Lee at HP: 96700655.

" Bhikkhus, these five things should be constantly reflected by a woman, man, a householder or one gone forth. What five? 1. I have not gone beyond decay, 2. I have not gone beyond ailing, 3. I have not gone beyond death, 4. All my near and dear ones change and disappear, and 5. I'm the owner of my actions, the heritage of my actions, born of my actions, related to and supported by my actions. Whatever actions I do, good or evil, will be my inheritance."